



1 Cuir do pháiste i gceannas ar an teanga a labhair

Má bhíonn deacracht agat smaoineamh an teanga a labhairt, cuir do pháiste i gceannas air. Socraigh am ar leith nach labhróidh sibh aon rud ach Gaeilge ar feadh uair a chloig gach lá. Is breá le páistí a bheith ag coinneáil súil ar a dtuismitheoirí. Má bhíonn rud éigin ann dóibh gach uair a ndéanann tú dearmad beidh sé níos éifeachtaí fós.

2 Cuir meabhrúcháin in áiteanna atá feiceálach

Cuir nótaí duit féin in áiteanna go bhfuil siad éasca le feiceáil. D'fhéadfadh seo a bheith ar dhoras seomra do pháiste, ar an gcuisneoir nó gar don leaba. Bain úsáid as nótaí Post-It nó faigh maignéad cuisneora gur féidir leat do theachtaireacht féin a chur air.



3 Faigh leabhair a thaitníonn leo i nGaeilge agus léigh iad seo ag am codlata

Faigh sa chleachtadh iad a bheith ag léamh as Gaeilge trí leabhair a thaitníonn leo a fháil as Gaeilge agus seo a léamh leo oíche amháin sa tseachtain ar a laghad. Tá formhór na síscéalta ar fáil trí Ghaeilge anois chomh maith leis na haistriúcháin ar leabhair mórílimh cosúil le Dialann Dúradán, Dónall Dána agus An Cúigear Cróga. Tá siad seo ar fáil ó Chló Iar-Chonnacht (www.cic.ie) agus i siopaí leabhair.

4 Éist le Raidió na Gaeltachta sa charr

Cas air Raidió na Gaeltachta don Nuacht, Spórt nó cláir cheoil nuair atá sibh ag taisteal sa charr. Ní thaitneoidh sé seo le déagóirí go háirithe ach cuirfidh fiú 10 nóiméad ag éisteacht



leis an Raidió ar an mbealach ag an scoil/traenáil leis an teanga agus piocfaidh siad suas focail nua.

5 Breathnaigh ar chartúin/cláir ar Cúla4/TG4

Breathnaigh ar chlár/cartúin Ghaeilge ar TG4. Cuir 30 nóiméad d'am teilifíse go leataobh cúpla uair sa tseachtain le breathnú ar chlár/cartún as Gaeilge agus breathnaigh air leo más féidir leat. Tá réimse leathan cláir ag Cúla4 do gach aoisghrúpa agus is féidir breathnú orthu ar an Seinnteoir ag TG4 ag am a fheileann duit (www.cula4.com). Bíonn comórtais mhaithe acu freisin!

6 Roghnaigh bréagán gur maith leo agus ná bíodh aige ach Gaeilge

Roghnaigh bréagán ar leith gur maith le do pháiste agus ná bíodh aige ach Gaeilge. Mura bhfuil do



pháiste sásta leis seo, ceannaigh bréagán nua a bhfuil fhios agat a thaitneoidh leis agus cuir in aithne mar chainteoir Gaeilge é. Roghnaigh é seo mar an bréagán is fearr leatsa a bheith ag spraoi leis. Tá teidí a labhraíonn as Gaeilge ar fáil ag www.babogbaby.com.

7 Ná labhair ach Gaeilge le peataí nó peata ar leith

Cuir in iúl nach dtuigeann d'iasc órga, toirtís nó cat ach Gaeilge. Ná caill an seans le haon pheata nua a thugann tú isteach sa teach.



Comhar Naíonraí na Gaeltachta

7 Tips to speak Irish to your child

Comhar Naíonraí na Gaeltachta

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An Roinn Cultúir,
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Department of Culture,
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Údarás na Gaeltachta



1 Make your children guardians of the language

If you have a hard time remembering to speak your language, then put your children in charge of it. Have a dedicated time in your house that you will only speak Irish for an hour. Children LOVE to keep track of their parents. It will be even more effective if they get a treat of some kind if you slip up!

2 Place reminders in strategic places

Place notes for yourself in the prominent places which you will inevitably see them. This could be on the door to your child's room, on the fridge or on your bedside table. Use simple post-it notes or get a blank fridge magnet to personalise the message for yourself.



3 Get their favourite books in Irish and read this at bedtime

Get them in the habit of reading in Irish by getting their favourite books in Irish and dedicating at least one night a week to this book. Most fairytales are available in Irish as well as books such as *Diary of a Wimpy Kid* (*Dialann Dúradán*), *Horrid Henry* (*Dónall Dána*) and *The Famous Five* (*An Cúigear Cróga*) have been translated into Irish and are available from Cló Iar-Chonnacht (www.cic.ie).

4 Listen to Raidió na Gaeltachta on car journeys

Tune in to Raidió na Gaeltachta on car journeys for the News or for sports. You will get some resistance about this (especially from teenagers!) but even 10 minutes listening to the radio on the way to school/sports



practice can reinforce the language and introduce new words.

5 Watch a cartoon / programme on Cúla4 / TG4

Watch an Irish language cartoon / programme on TG4. Dedicate 30 minutes of TV time to an Irish language cartoon / programme several times a week and watch it with them if you can. Cúla 4 have a wide range of programmes for all age groups and it can also be watched on the TG4 Player at a time that suits you (www.cula4.com). They also have some excellent competitions!

6 Dedicate a popular toy to the language

Choose a specific toy that your child loves and make it speak only Irish. If this meets resistance from



your kid – buy a new toy that you know your little one will like to play with and introduce it as a speaker of your language. Make this “your” favourite toy to play with. There is a teddy bear available that speaks Irish at www.babogbaby.com.

7 Make your pets monolingual in the Irish language

Make it clear to your children that your gold fish, tortoise or cat only understands Irish. Don't miss the chance with any new pet you introduce to the family.



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7 mBealach chun Gaeilge a labhairt le do pháiste

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